

full tilt living newsletter

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October 2007

I'm going to get lofty this month. Highly principled, if you will. It's all about—get ready—The Principle of the Multiplication of Gifts.

This marvelously starry-eyed version of How Things Work is meant to be a baseline way of operating that produces some terrific results and at the same time wipes out any notions of small acts being of small significance. And did I mention that it feels really, really good?

It goes like this: You notice that there is this thing you can do that will make something better for someone. Not necessarily a giant thing. It could be as insignificant as picking up a dropped pen, taking the time to take a call when you're on the way out the door, remembering to pick up eggs, making change for the parking meter, moving one seat over in the movie theatre..

What you are really doing is gifting them with a bit of your awareness, the essence of who you are, the very stuff that fuels your ability to be.

Didn't I say you'd feel great when you do it? That's the first multiplication. More are coming. It's the nature of the human beast to respond to this giving. First their own awareness that they have been noticed in a caring way. Then a blooming of gratefulness giving rise to their own giving of awareness to another. It will go on, irresistibly, like links on a chain. Each recipient noticing another and gifting them.

Finally the most amazing gift of all; you will change your life. You will become aware of the richness, the power you possess. Moreover, you, as a link on that irresistible chain, will yourself become a recipient of the Principle of the Multiplication of Gifts.

As with all principles, it's more a matter of how things are rather than what we are required to be. There's no Principle of the Multiplication of Gifts police looking to run you down and cite you for failure to perform. It's all up to you. If you want to go with the idea that you have to get yours before someone else takes it, you're free to choose that route. This is not that road.

I sincerely hope you give it a try. *And know that I'm behind you all the way.*