

## full tilt living newsletter

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When one door closes, another opens. The Universe abhors a vacuum. Be careful what you wish for because you may just get it. All things come to those who wait. I'm not at the end of my memory files for things that are said to buck you up and get your chin off your chest. These, however, should more than suffice. And I'm not saying them to you. Nope. I have a whole different story for you. My story goes like this:

What if the way things work is that we are, at the heart of things, little seed planters. We have certain moments of what I'll call for want of a better explanation extreme clarity and precision. And in those moments, we lay out or see for a split second something that we find wonderful. And some part of our selves shouts "Yes!" And by golly, whether we know it or not we have planted a seed. And you know the thing about seeds is they start with their own spark of power and then they get going and draw on all the resources around them--minerals and nutrients in the soil and water and sunlight--until they burst out into form. And keep right on going, getting bigger and taking up more space and more resources in the becoming of themselves.

Let's never mind about the confusing parts of being seed planters. Those times when what would be in the way of our bursting seed is pushed out of the way or removed. When resources that we had other plans for get routed to that necessary and perhaps unrecognized becoming.

Because the hardest part of this may be that we were not so very aware of our seed planting. We may have noticed that ecstatic moment of extreme precision and clarity and perhaps heard that inner shout without really knowing what it is that we have done. Or we may even speak it out, thinking at the time that it is not potent enough to move the mountains it may indeed move.

Let's just live in trust that we're getting to where we want to be and all of our powers--and those of the Universe for that matter--are lined up to accomplish just that.

So be ready for what you wish for. We, on the planet of dreamers, plant seeds.

*I wish you all good things in this New Year. And know that I'm behind you all the way.*