

full tilt living newsletter

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I'm back from what was beginning to look like endless months of writing *Clearings: Helping Lost Souls Find Their Way Home* and pleased to be once again sharing insights and inspiration with you as we launch into this new year.

New Years Wish

The dragons have been awakened here in San Francisco. It's their yearly visit to our streets. Cymbals and drums and fire crackers and crowds celebrating their return. I'd like to fill up a huge balloon with the extravagance of exuberance streaming through the streets and let it carry me across all the months of 2012.

I can't though. I, with everyone else, will have to be in the thick of this year. Almost guaranteed to be rich with challenges, the unexpected, some of what is hoped for, some of what is not.

It is good this way. Better than being above it all in a euphoric cloud. If there are things we lose, we learn to find what matters and nurture that. If we have the good fortune to enjoy accomplishment, we honor in ourselves and the ones who contributed to our success the work that got us there.

We become bigger, more of who we are meant to be. That is what being not above it, but in it, earns us. I, for one, want some of that.

And know that I'm behind you all the way...