

full tilt living newsletter

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I was on my way back from an errand today and crossing the street, I came upon a couple out for a late morning walk.

She was older, with practical short hair and simple clothes. He young, bursting with excitement, flapping his arms and putting everything he had into getting his legs to keep him upright. She reached and scooped him up just before he hit the ground. And beamed. Took me right out of my review of the laundry list that had been cycling through since early morning. What a sweet scene! The two of them oblivious to the world around them. So oblivious that when he popped the binky (and what baby is without a binky plugged into his mouth like a cork in a bottle these days) out and on to the sidewalk, I was the only one who noticed.

This little encounter has set me to exploring the odd juxtaposition of being in the moment and at the same time keeping our focus on that big picture, that vision necessary to accomplish all we so dearly wish.

It certainly isn't going to work well to be so completely focused on THE NOW that anything past the next fifteen minutes has no relevance. I think they tried that during that Flower Children period of our history. Not so successful. Nor is overlooking the binky in that moment of joy and finding yourself back home with a cranky baby who fusses his head off without it. Which is why I, being a forward thinker, retrieved it from the sidewalk for them before disaster could strike.

Here's the conclusion I've drawn: Here on the earth plane we live in time, which is in its very nature moment-to-moment. What we bring to our earthtime experience is that part of our being that extends to spirit. So that while we embrace the beauty of a sunset in all its momentary glory, we have the capacity to simultaneously tap into that part of ourselves that searches out the ways and means of fulfilling what it knows in its very core to be the "why" of why we are here. To be our fullest selves, we join the two. We make a harmony of the "now" we see through our earth eyes with the gift of our soul-self vision. Then we are complete.

*And know that I'm behind you all the way--
Maureen*